

Training for your Organisation

Who are we: South Yorkshire Chaplaincy & Listening Service (SYCLS), is a faith-based charity motivated by Christian ethos and values, that aims to provide confidential pastoral care through chaplaincy and listening services to people, of any faith or none, within their working communities. We have worked with a number of organisations – including Schools, Hospices, Businesses, Churches etc. – to provide training in Listening and various other areas.

Our Listening Training: SYCLS provides training in a Reflective form of Listening. SYCLS' training programme teaches people to listen without interruption, judgement or deflection in a way that makes someone feel valuable and heard. The sessions equip people for highly effective listening in day to day settings, whilst also providing the framework for listening in a more formal 1-1 context. Each session builds on the previous one so it is essential to attend the sessions consecutively to build on the previous learning.

Our training equips you to become a **listening ear** to support people through the challenges of life.

Contact us for more information on training fees.

As a charity it is important that our services are available to organisations regardless of size and ability to pay, therefore we are willing to discuss where there is need for reduced payments and/or funded services – please ask if this is something you need to explore.

Dates: We can agree dates specifically for your organisation. Our typical Listening training programme consists of 3-days. We are able to discuss variations on the delivery of this course, for example delivering training across 6 evenings or 2 days. Training can be tailored to your specific needs and can be delivered in person and/or online, over zoom.

We also have regular in-house training that individuals/small groups can attend. Please see the back of the flyer for more details on this.

“I think every person who deals with people in any pastoral/managerial role should do this course. It makes you really think about how to Listen properly.”

Trainee, Feb 2024

Additional Training: We also deliver training in other areas, including the following courses:

- 'Listening in a Framework of Spirituality and Loss';
- 'Listening to Children'
- and 'Listening in a Crisis'.
- 'Holding Time' for those impacted by dementia. The focus is on learning to listen well to Carers, and to those in the early stages of dementia.

If you are interested in any of our training or have any questions, please contact:

Roxy Foulkes, People and Engagement Co-Ordinator

email: roxy@sycls.co.uk

tel: [07903899751](tel:07903899751)





Listening Training

SYCLS In-house Listening Training Programmes

We have the following Listening Training programmes scheduled in 2026. These courses will be taking place in person, based at SYCLS' training room in Sheffield City Centre.

Each course consists of 3-days of training,
all days 9:30am-4pm:

2026

March -

Tuesdays 10th, 17th and 24th

June/July -

Mondays 22nd, 29th June, and 6th July

November/December -

Wednesdays 25th November, 2nd, and 9th December

"I thought I was a decent listener, but realise now some of the pitfalls that I fell into. It has increased my awareness of really listening in order to understand."

Trainee, May 2021

Cost: The cost of attending a training course (3 full days) is £180 if you are attending for your own purposes.

"The trainer was consistent, patient, encouraging and professional"

Trainee, July 2024

If you are interested in attending any of SYCLS' in-house Listening Training programmes, please contact:

Roxy Foulkes, People & Office Coordinator

email: roxy@sycls.co.uk

tel: **07903899751**

